



CANADIAN PERINATAL MENTAL HEALTH COLLABORATIVE / COLLECTIF CANADIEN POUR LA SANTÉ MENTALE PÉRINATALE

Calling for a national strategy for perinatal mental health / Appel à l'action pour une stratégie nationale en matière de santé mentale périnatale

Application for Board Members

The Canadian Perinatal Mental Health Collaborative is accepting applications for its first board of directors. Established in 2019, CPMHC's mission is to lobby the federal government. A national perinatal mental health strategy will provide direction, policy, and funding for improvements to perinatal mental health care including universal screening and timely access to treatment for all individuals during preconception, pregnancy, and the postpartum periods.

Board members of the CPMHC are elected at the Annual General meeting to serve as the leadership team of the board. Each board member is a key member of this team that makes up the volunteer board of directors.

The board of directors sets the direction of the collaborative according to the shared values and overall goals, ensures that the organization is managed well, and ensures the future viability of the organization. The board is CPMHC fiduciary and assists in the development of sound ethical and legal governance and financial management policies.

We are looking for board members who understand perinatal mental health, have demonstrated leadership experience in nonprofit governance and management, and can work well in a team structure.

Candidate Name:

Home address:

Home Phone Number

Work Phone Number

Email:

Preferred Method of Contact

Phone

Email

Current Employer and Position:

What motivates you to become a board member of CPMHC?

Please list your previous board experience.

What other volunteer commitments do you have?

What qualifications and experiences do you bring to CPMHC? Please check all that apply.

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|------------------------|----------------------|--------------------|
| Business management | Human resources | Grant writing |
| Community leadership | Fundraising | Public Relations |
| Education and training | Legal | Communications |
| Finance / accounting | Event Planning | Risk Management |
| Governance | Government relations | Strategic Planning |
| | Policy Development | |

In what areas would you like to contribute to CPMHC?

What committees might you like to sit on?

Please complete this form and send it along
with your resume to Canpmhc@gmail.com by November 30, 2021.